

Comparing Supervision with Other Roles

	Teacher	Counselor	Administrator	Consultant	Case Manager
Similarities	Evaluative in nature	Use facilitative skills and gives attention to developing self-awareness	Monitor client case notes to be sure they are timely and appropriate	Brainstorm options for interventions	Review number and intensity of case load
Differences	Goals are more flexible than a teaching syllabus	Goal is to help supervisee manage emotions, identifications, cognitive distortions, values, and beliefs affecting work with clients	Is a focus only in terms of making sure supervisee is adhering to professional guidelines and policies	A hierarchy of authority exists with more responsibility on the supervisor	Is a focus only as needed in terms of supervisee self-care